# Middle School Career Investigations: Park Babysitting Introduction

## Meeting Cheyenne

### Caleb:

Hi, Cheyenne! Thanks again for watching my brother today while my friend Makayla and I explore the park. How is he doing?

### Cheyenne:

He’s been having a great time playing with the other kids. He’s taking a nap now. Just before he fell asleep, he ate his lunch. I even taught him how to put the straw in his juice box.

### Makayla:

I’ve seen him try that before. It was hilarious and totally unsuccessful!

### Cheyenne:

He just needed a little extra support!

### Caleb:

It sounds like my brother is in good hands!

[video: Caleb, Cheyenne, and Makayla inside the park babysitting facility]

## Human Services

### Makayla:

How long have you had a job as a babysitter at the park?

### Cheyenne:

This is my first season working at Commonwealth Cascades, but I’ve been babysitting for about three years now.

### Makayla:

What made you want to get a job as a babysitter?

### Cheyenne:

I was inspired by my dad, who also works in the Human Services Career Cluster. He’s a nutritionist - which I guess is why I know so much about supporting kids with their eating!

### Caleb:

Human Services? What is that exactly?

### Cheyenne:

Let me tell you more.

[video: Caleb, Cheyenne, and Makayla inside the park babysitting facility]

## Introduction

### Cheyenne:

The name Human Services sounds a lot like what it actually is - it means helping people. The Human Services Cluster uses skills in communication and problem solving to provide support to families and individuals with services from working in early childhood care to providing mental health services for older adults. Professionals who work in the Human Services Career Cluster give families and individuals support in a wide array of settings.