


## Module 11: Ecology

### Topic 5 Content: Minimizing Ecosystem Disruptions Notes


#### Introduction

#### Minimizing Ecosystem Disruptions



- Unplug and Switch Off
- Take the Bus or Ride a Bike
- Watch What You Eat
- Reuse As Much As Possible
- Turn off the Faucet

#### Introduction



Though humans are responsible for many disruptions to ecosystems, there are ways in which humans can help! Protecting life on Earth is everyone's responsibility. In this interactivity, click on each of the items in the checklist to learn more about how you can help minimize ecosystem disruptions.


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#### Unplug and Switch Off

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#### Unplug and Switch Off



Your life is filled with objects that use energy, like mobile devices, computers, televisions, and even the lights in your room. When you are not using these things, you should make sure that they are unplugged or switched off. This conserves energy, and reduces the need for wood and coal.


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#### Take the Bus or Ride a Bike

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#### Take the Bus or Ride a Bike



By taking the bus or riding a bike, you are saving energy resources that are used by driving a car. A bus carries more people, and so is more efficient. A bike uses only your energy to run.

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#### Watch What You Eat

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#### Watch What You Eat



Eating less meat reduces the pressures of ranching and farming on the environment. You do not have to give up meat completely, but being thoughtful about how much and what you eat can have an impact. Also, making sure that the seafood that you eat does not come from overfished/overharvested species can cut down on these activities.


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#### Reuse As Much As Possible

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#### Reuse As Much As Possible



It takes energy and raw materials to produce new products, like clothes, electronics, books, and bags. Reusing items, rather than buying new ones, ensures less use of precious resources. You can make a quick change, simply by reusing your shopping bags or taking a cloth bag with you.

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#### Turn off the Faucet

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#### Turn off the Faucet



Turning off the water faucet when you brush your teeth or wash your face reduces the waste of clean water. Also, if you notice a faucet leaking, tell an adult.

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