Module 8: Evolution and Natural Selection Topic 3 Content: Types of Natural Selection Notes



Directional Selection

When one phenotype on an extreme end of the phenotype spectrum is favored, it is called directional selection. Over time, the appearance of the phenotype will shift in that direction. If the favored phenotype was rare, it will become more frequent.



Stabilizing Selection

With stabilizing selection, the mean value of a trait is selected. The trait will shift in the middle direction, and will become more frequent.



Disruptive Selection

When more than one phenotype on extreme ends of the phenotype spectrum are favored, it is called disruptive selection. Over time, the population divides into two separate groups.

