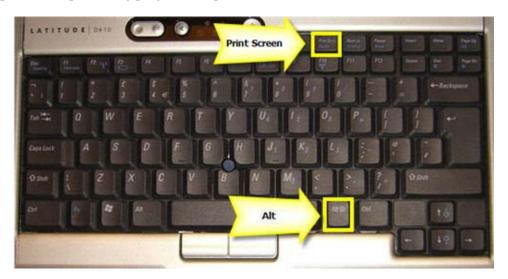
How To Take a Screenshot and Paste it into a Word Processing Program Chemistry

The steps for taking a screenshot vary depending on your operating system. Examples for taking screen shots using Windows® and Apple® operating systems are shown below.

Windows® Operating System

- 1. To make a copy of the active window, press **ALT+PRINT SCREEN**.
- 2. To copy the entire screen as it appears on your monitor, press **PRINT SCREEN**.
- 3. Open a word processing program and paste (Ctrl + V) the screenshot into the document.



Apple® Operating System

There are several keyboard combinations that can be used to take screenshots using the Apple® operating system.

- 1. Perform one of the following keyboard shortcuts depending on the image that you would like to capture.
 - Command-Shift-3

Takes a screenshot of the screen and saves it as a file on the desktop

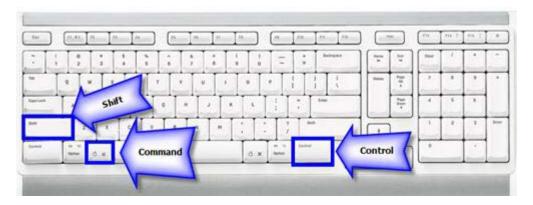
- Command-Shift-4, then select the area
 Takes a screenshot of an area and saves it as a file on the desktop
- Command-Shift-4, then space, then click a window
 Takes a screenshot of a window and saves it as a file on the desktop
- Command-Control-Shift-3

Takes a screenshot of the screen and saves it to the clipboard

- Command-Control-Shift-4, then select an area
 Takes a screenshot of an area and saves it to the clipboard
- Command-Control-Shift-4, then space, then click a window Takes a screenshot of a window and saves it to the clipboard



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2. Open a word processing program and paste (option + v) the screenshot into the document.

