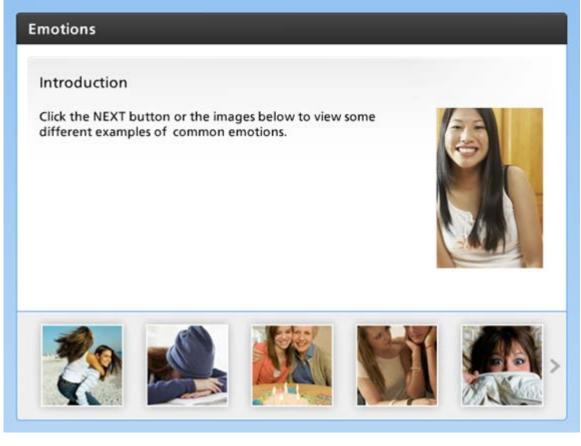
Introduction



Click the next button or the images below to view some examples of common emotions.



Happiness



Feelings of pleasure or satisfaction.



Sadness



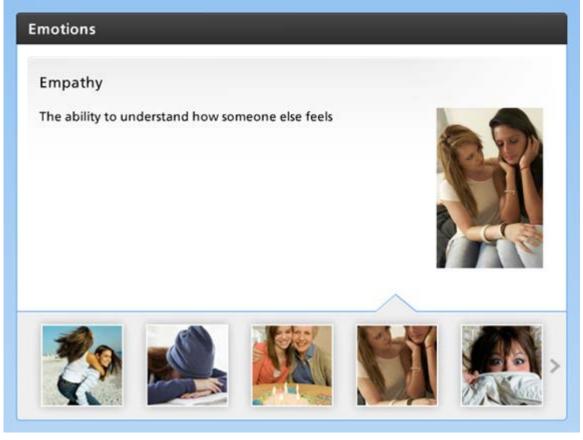
A healthy reaction to certain events, such as the loss of a loved one.



Involves strong affections, deep concern, and respect.



Empathy



The ability to understand how someone else feels.

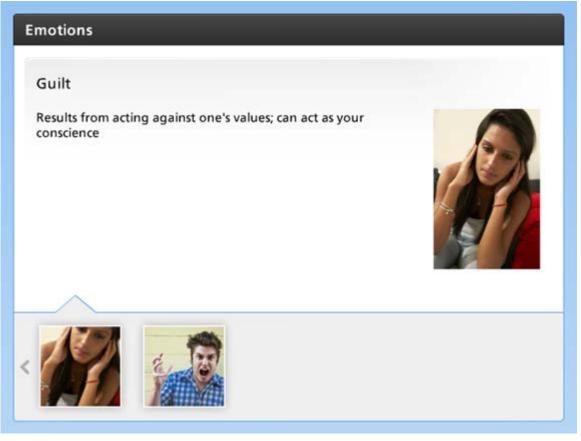




The unpleasant feeling when you believe something is dangerous or threatening.



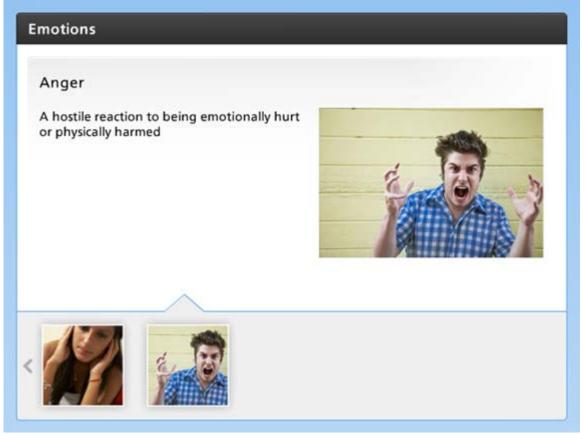
Guilt



Results from acting against one's values; can act as your conscience.



Anger



A hostile reaction to being emotionally hurt or physically harmed.

