

**Module 5: Keeping It Together**  
**Topic 2 Content: Using an Automated External Defibrillator Notes**

**Introduction**



Using an Automated External Defibrillator (AED)


Click **NEXT** to begin.

## Module 5: Keeping It Together

### Topic 2 Content: Using an Automated External Defibrillator Notes

#### Instructions

### Using an Automated External Defibrillator



1 2 3 4 5 6 7

Click each step to learn how to use an AED. It may help to write down these steps and keep them on your refrigerator, in your car, or in your book-bag.

An automated external defibrillator (AED) is an electronic device that should be used when caring for a non-breathing child aged 8 or older who weighs more than 55 pounds, or an adult, who have suffered a sudden cardiac arrest.

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# Module 5: Keeping It Together

## Topic 2 Content: Using an Automated External Defibrillator Notes

### Steps

#### Using an Automated External Defibrillator

1. Turn on the AED and follow the visual and/or audio prompts.
2. Open the person's shirt and wipe the bare chest dry. If the person is wearing any medication patches, you should use a gloved hand (if possible) to remove the patches before wiping the person's chest.
3. Attach the AED pads and plug in the connector. One pad should be attached on the right center of the person's chest above the nipple. The other pad should be placed below the other nipple and to the left of the ribcage.
4. Make sure no one, including you, is touching the person. Tell everyone to "stand clear."
5. Push the "analyze" button (if necessary) and allow the AED to analyze the person's heart rhythm.
6. If the AED recommends that you deliver a shock to the person, make sure that no one, including you, is touching the person – and tell everyone to "stand clear." Once clear, press the "shock" button.
7. Begin CPR after delivering the shock. Or, if no shock is advised, begin CPR. Perform 2 minutes (about 5 cycles) of CPR and continue to follow the AED's prompts. If you notice obvious signs of life, discontinue CPR and monitor breathing for any changes in condition.

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