


Module 7: Public Health

Topic 3 Content: Conflict in Sport Notes

Introduction

Conflict in Sport



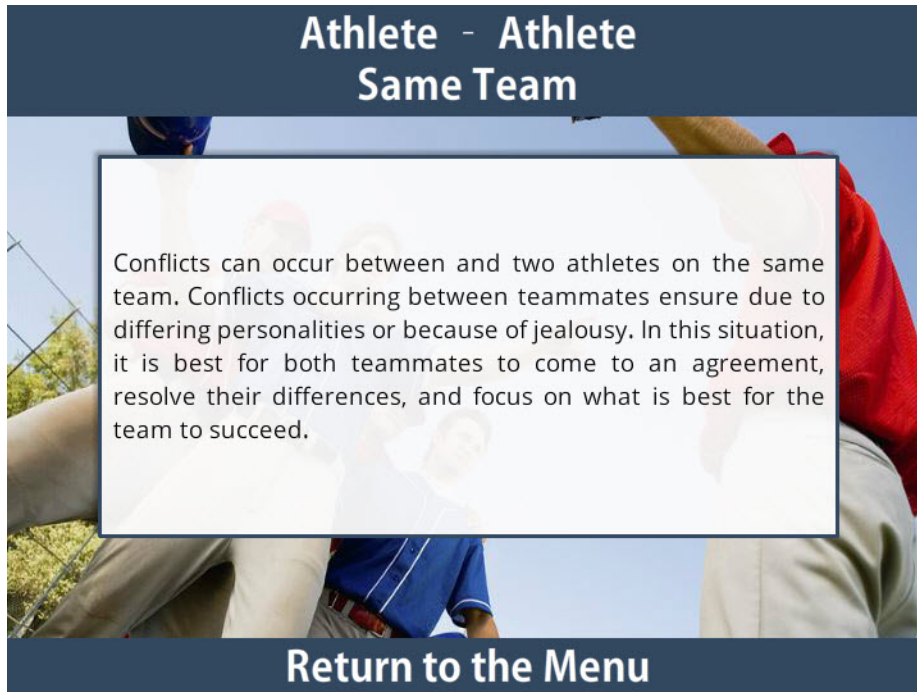
Click each button to learn about the different types of conflict an athlete faces.



Conflicts can occur both on and off the playing field. As a player, it is your job to manage conflicts and practice good sportsmanship. Conflicts are a hurdle for all teams. Click each button to learn about the different types of conflict an athlete faces.

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Athlete-Athlete Same Team



**Athlete - Athlete
Same Team**

Conflicts can occur between and two athletes on the same team. Conflicts occurring between teammates ensure due to differing personalities or because of jealousy. In this situation, it is best for both teammates to come to an agreement, resolve their differences, and focus on what is best for the team to succeed.

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Athlete-Athlete Opposing Team



**Athlete - Athlete
Opposing Team**

Conflicts occur between two athletes on opposing teams for a variety of reasons. The most common causes of conflict between athletes on opposing teams occur due to aggressive play, or speaking to an opponent in a negative way, also known as trash-talking. When conflicts between two athletes on opposing teams occur, it is best for each of the players to take a break from the game. Speaking negatively about an opponent is poor sportsmanship and should be addressed with your coach. Return to the game only once you have had time to cool-down.

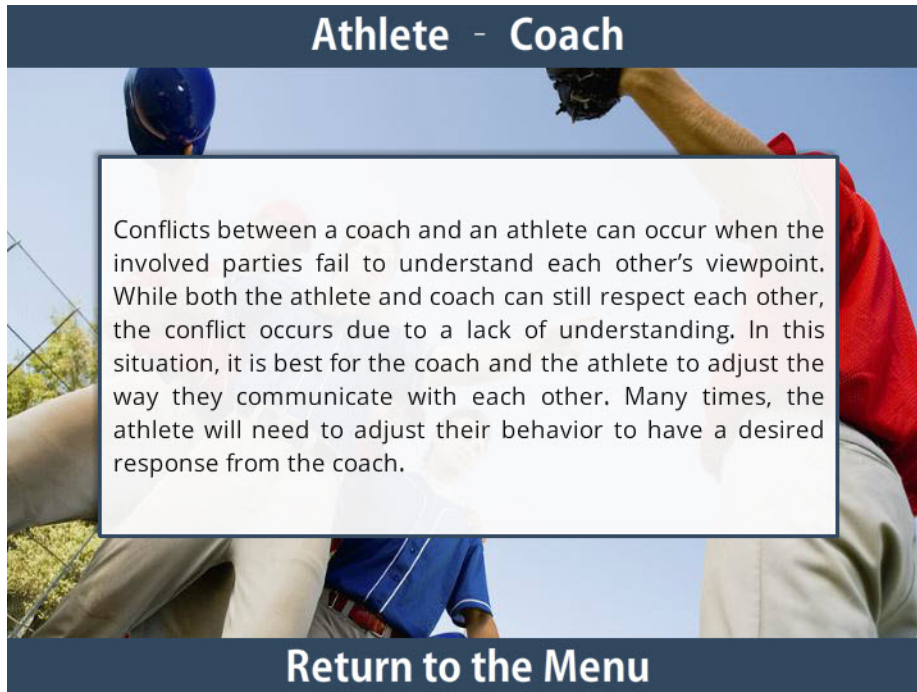
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Coach-Athlete



Athlete - Coach

Conflicts between a coach and an athlete can occur when the involved parties fail to understand each other's viewpoint. While both the athlete and coach can still respect each other, the conflict occurs due to a lack of understanding. In this situation, it is best for the coach and the athlete to adjust the way they communicate with each other. Many times, the athlete will need to adjust their behavior to have a desired response from the coach.

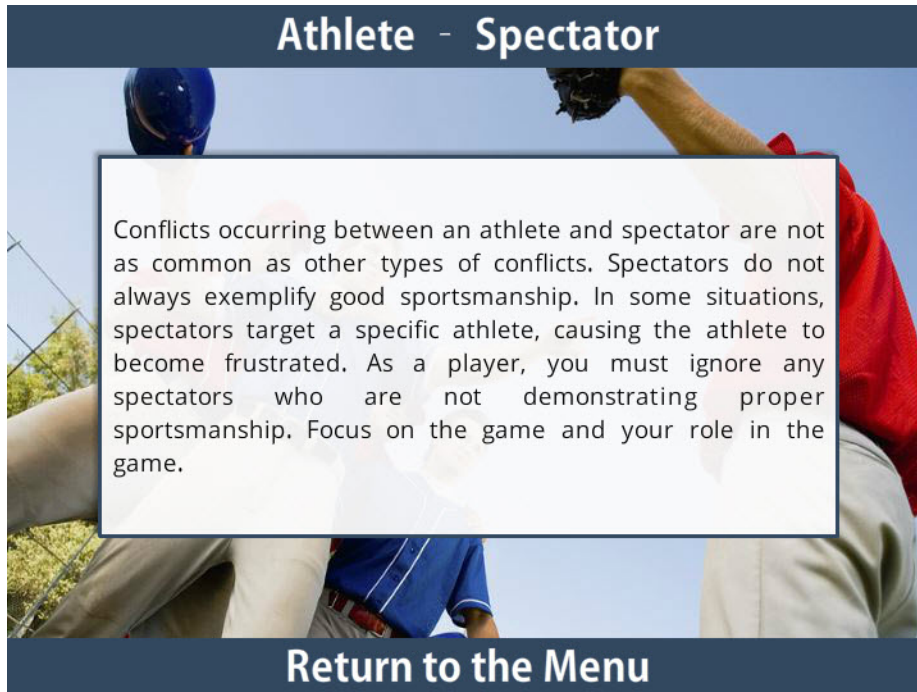
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Athlete-Spectator



Athlete - Spectator

Conflicts occurring between an athlete and spectator are not as common as other types of conflicts. Spectators do not always exemplify good sportsmanship. In some situations, spectators target a specific athlete, causing the athlete to become frustrated. As a player, you must ignore any spectators who are not demonstrating proper sportsmanship. Focus on the game and your role in the game.

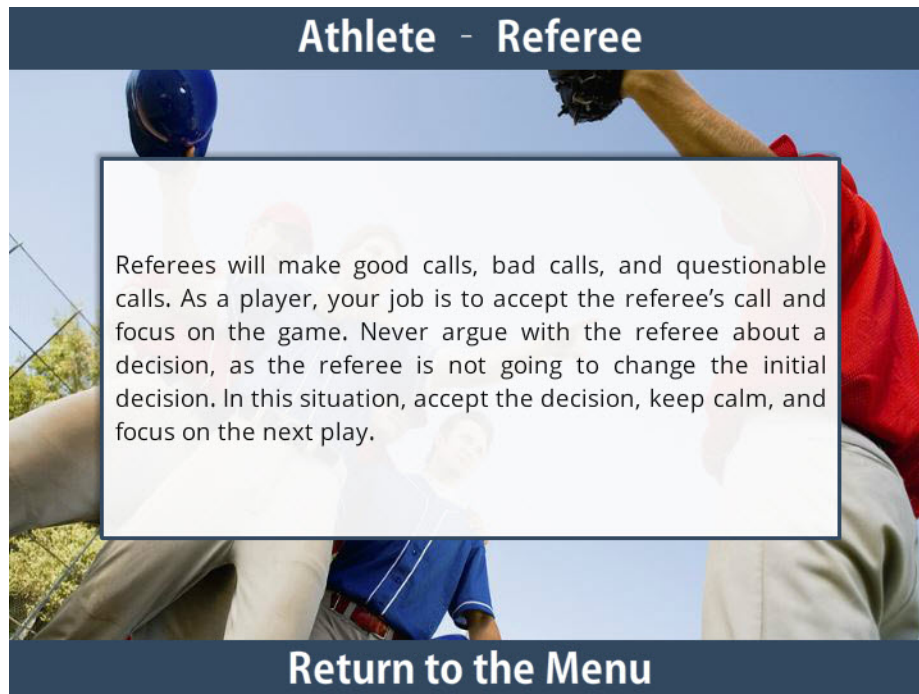
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Athlete-Referee



Athlete - Referee

Referees will make good calls, bad calls, and questionable calls. As a player, your job is to accept the referee's call and focus on the game. Never argue with the referee about a decision, as the referee is not going to change the initial decision. In this situation, accept the decision, keep calm, and focus on the next play.

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