#### Introduction



Being a leader in sports or in other lifetime activities will afford you the opportunity to have meaningful social interactions, and will also enable you to support your partner or teammates. Click each number to view ways you can maintain good sportsmanship.



#### Self-Control



Maintain self-control during all practices and games. No matter what happens, remain calm and focused.



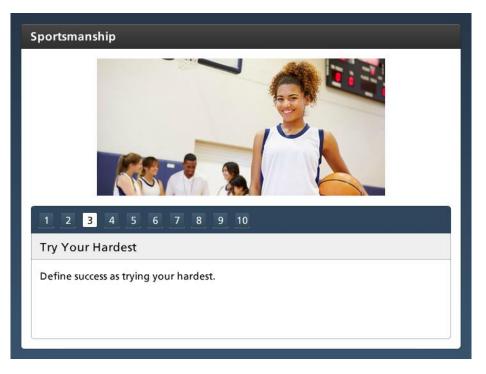
### Respect



Show respect for the coaches, officials, opposing team members and spectators.



# **Try Your Hardest**



Define success as trying your hardest.



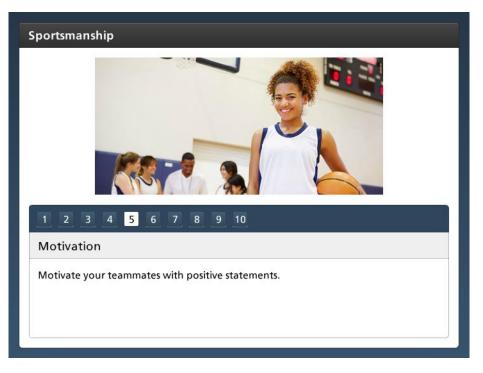
### **Playing Time**



Keep in mind that everyone has practiced hard, and therefore everyone deserves a chance to play.



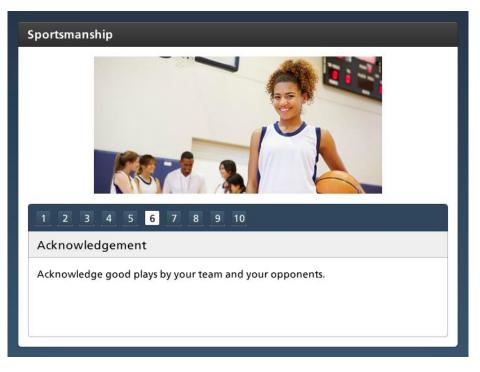
#### Motivation



Motivate your teammates with positive statements.



## Acknowledgement



Acknowledge good plays by your team and your opponents.



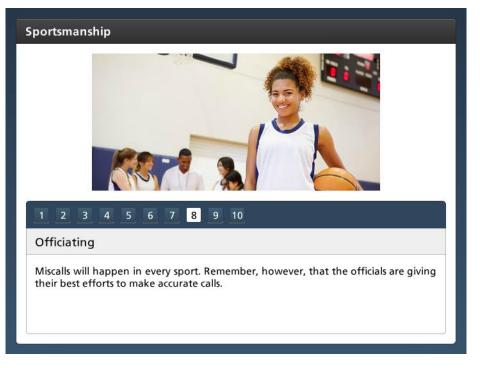
### Purpose



Remember that the true purpose of organized sports is fun, fitness, comradery, teamwork, and competition.



## Officiating



Miscalls will happen in every sport. Remember, however, that the officials are giving their best efforts to make accurate calls.



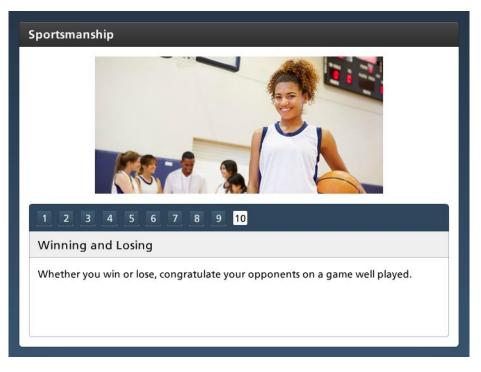
#### Responsibility



Accept responsibility for your errors and think about how you could avoid repeating them.



## Winning and Losing



Whether you win or lose, congratulate your opponents on a game well played.

