


Module 7: Public Health

Topic 3 Content: Sportsmanship Notes

Introduction

Sportsmanship



1 2 3 4 5 6 7 8 9 10

Introduction

Being a leader in sports or in other lifetime activities will afford you the opportunity to have meaningful social interactions, and will also enable you to support your partner or teammates. Click each number to view ways you can maintain good sportsmanship.


Being a leader in sports or in other lifetime activities will afford you the opportunity to have meaningful social interactions, and will also enable you to support your partner or teammates. Click each number to view ways you can maintain good sportsmanship.

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Self-Control

Sportsmanship



1 2 3 4 5 6 7 8 9 10

Self-Control

Maintain self-control during all practices and games. No matter what happens, remain calm and focused.


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Respect

Sportsmanship



1 2 3 4 5 6 7 8 9 10

Respect

Show respect for the coaches, officials, opposing team members and spectators.


Show respect for the coaches, officials, opposing team members and spectators.

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Try Your Hardest

Sportsmanship



1 2 3 4 5 6 7 8 9 10

Try Your Hardest

Define success as trying your hardest.


Define success as trying your hardest.

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Playing Time

Sportsmanship



1 2 3 4 5 6 7 8 9 10

Playing Time

Keep in mind that everyone has practiced hard, and therefore everyone deserves a chance to play.


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Motivation

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1 2 3 4 5 6 7 8 9 10

Motivation

Motivate your teammates with positive statements.


Motivate your teammates with positive statements.

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Acknowledgement

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1 2 3 4 5 6 7 8 9 10

Acknowledgement

Acknowledge good plays by your team and your opponents.


Acknowledge good plays by your team and your opponents.

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Purpose

Sportsmanship



1 2 3 4 5 6 7 8 9 10

Purpose

Remember that the true purpose of organized sports is fun, fitness, comradery, teamwork, and competition.


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Officiating

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1 2 3 4 5 6 7 8 9 10

Officiating

Miscalls will happen in every sport. Remember, however, that the officials are giving their best efforts to make accurate calls.


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Responsibility

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1 2 3 4 5 6 7 8 9 10

Responsibility

Accept responsibility for your errors and think about how you could avoid repeating them.


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Winning and Losing

Sportsmanship



1 2 3 4 5 6 7 8 9 10

Winning and Losing

Whether you win or lose, congratulate your opponents on a game well played.

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