


Module 7: Motivation, Emotion and Stress

Topic 1 Content: Drive Reduction Theory Conversation Notes

Introduction - Mr. Baker

Drive Reduction Theory Conversation

After Mr. Baker had finished his lesson on Drive Reduction Theory, the students of Woodlawn Heights High School still had unanswered questions. Marcos, driven by his need to restore his equilibrium, was impatiently waiting for Donnie so they could both go to lunch together. Click **NEXT** to hear the conversation that took place at the end of my class between Marco, Donnie, Janelle, and me.



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Marcos

Drive Reduction Theory Conversation

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Donnie

Drive Reduction Theory Conversation

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Drive Reduction Theory Conversation

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"Donnie! I've been waiting for you forever. Let's go!"

"Hang on a second. Mr. Baker looks like he might be finishing up his conversation with Cindy."

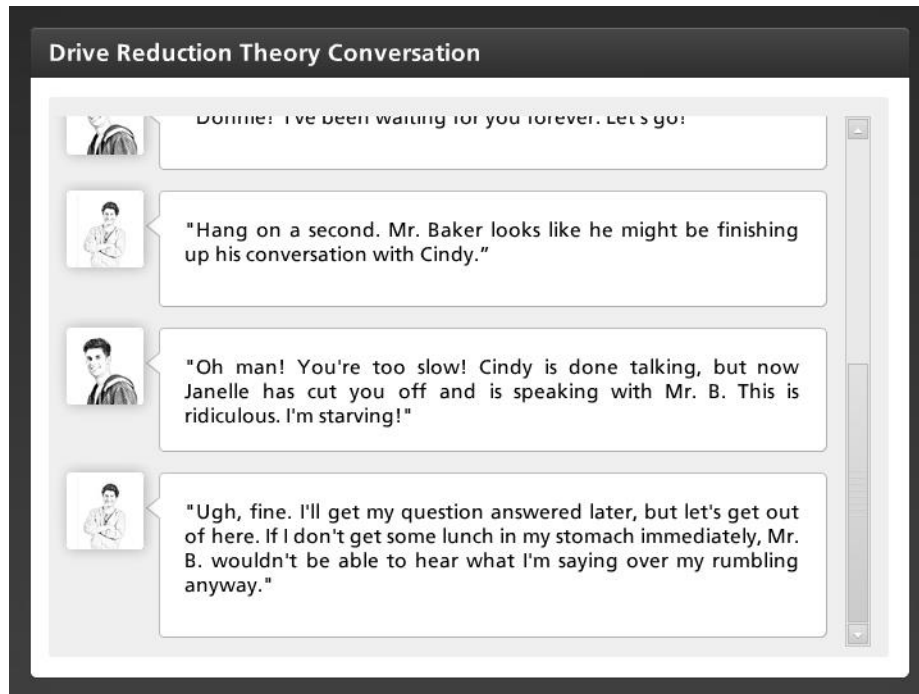
"Oh man! You're too slow! Cindy is done talking, but now Janelle has cut you off and is speaking with Mr. B. This is ridiculous. I'm starving!"

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Donnie



The screenshot shows a chat window titled "Drive Reduction Theory Conversation". It contains four messages in a vertical sequence, each with a small profile picture of a man on the left and a text box on the right. The messages are as follows:

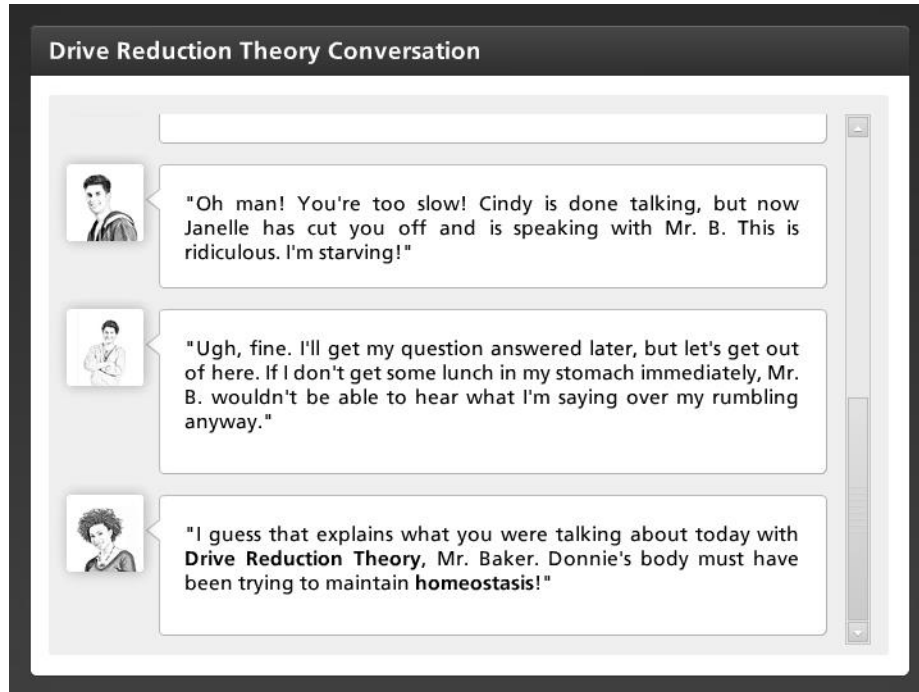
- Message 1: "Donnie: I've been waiting for you forever. Let's go!"
- Message 2: "Hang on a second. Mr. Baker looks like he might be finishing up his conversation with Cindy."
- Message 3: "Oh man! You're too slow! Cindy is done talking, but now Janelle has cut you off and is speaking with Mr. B. This is ridiculous. I'm starving!"
- Message 4: "Ugh, fine. I'll get my question answered later, but let's get out of here. If I don't get some lunch in my stomach immediately, Mr. B. wouldn't be able to hear what I'm saying over my rumbling anyway."

"Ugh, fine. I'll get my question answered later, but let's get out of here. If I don't get some lunch in my stomach immediately, Mr. B. wouldn't be able to hear what I'm saying over my rumbling anyway."

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Janelle



The screenshot shows a chat window with a dark header containing the text "Drive Reduction Theory Conversation". The chat area has a light background and a vertical scrollbar on the right. Three messages are visible, each with a small profile picture icon to its left:

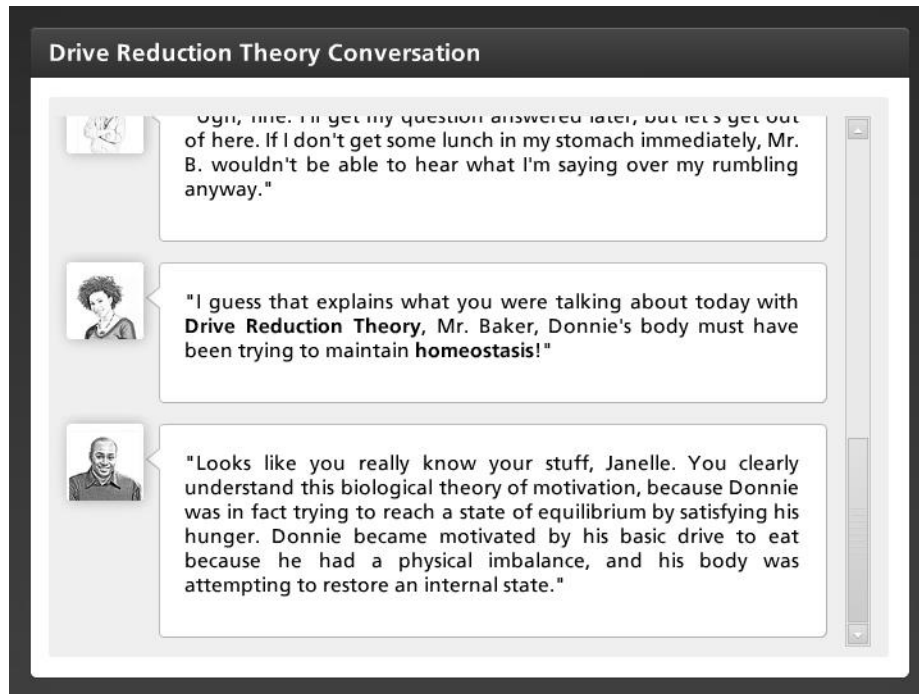
- Message 1 (Male icon): "Oh man! You're too slow! Cindy is done talking, but now Janelle has cut you off and is speaking with Mr. B. This is ridiculous. I'm starving!"
- Message 2 (Male icon): "Ugh, fine. I'll get my question answered later, but let's get out of here. If I don't get some lunch in my stomach immediately, Mr. B. wouldn't be able to hear what I'm saying over my rumbling anyway."
- Message 3 (Female icon): "I guess that explains what you were talking about today with **Drive Reduction Theory**, Mr. Baker. Donnie's body must have been trying to maintain **homeostasis!**"

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Mr. Baker



The screenshot shows a chat window with a title bar that reads "Drive Reduction Theory Conversation". There are three messages in the chat:

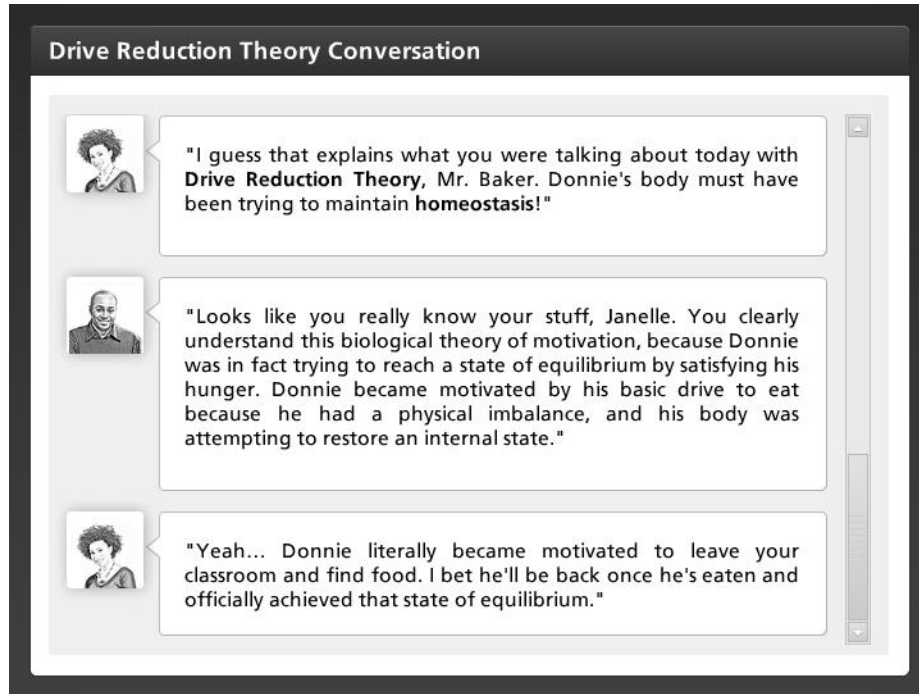
- Message 1:** A person with a hand icon says, "Ohh, fine. I'll get my question answered later, but lets get out of here. If I don't get some lunch in my stomach immediately, Mr. B. wouldn't be able to hear what I'm saying over my rumbling anyway."
- Message 2:** A person with curly hair says, "I guess that explains what you were talking about today with **Drive Reduction Theory**, Mr. Baker, Donnie's body must have been trying to maintain **homeostasis!**"
- Message 3:** A person with a beard says, "Looks like you really know your stuff, Janelle. You clearly understand this biological theory of motivation, because Donnie was in fact trying to reach a state of equilibrium by satisfying his hunger. Donnie became motivated by his basic drive to eat because he had a physical imbalance, and his body was attempting to restore an internal state."

"Looks like you really know your stuff, Janelle. You clearly understand this biological theory of motivation, because Donnie was in fact trying to reach a state of equilibrium by satisfying his hunger. Donnie became motivated by his basic drive to eat because he had a physical imbalance, and his body was attempting to restore an internal state."

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Janelle



The screenshot shows a chat window with a title bar that reads "Drive Reduction Theory Conversation". There are three messages in the chat, each with a small profile picture of a person on the left. The first message is from a woman with curly hair, the second is from a man, and the third is from the same woman with curly hair. The messages discuss Drive Reduction Theory and homeostasis.

Drive Reduction Theory Conversation

"I guess that explains what you were talking about today with **Drive Reduction Theory**, Mr. Baker. Donnie's body must have been trying to maintain **homeostasis!**"

"Looks like you really know your stuff, Janelle. You clearly understand this biological theory of motivation, because Donnie was in fact trying to reach a state of equilibrium by satisfying his hunger. Donnie became motivated by his basic drive to eat because he had a physical imbalance, and his body was attempting to restore an internal state."

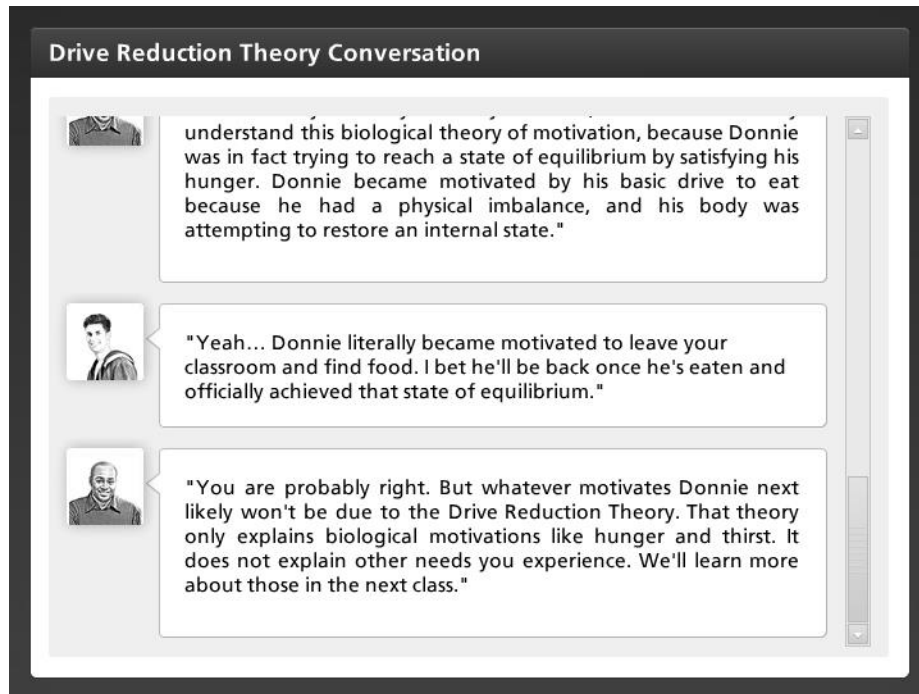
"Yeah... Donnie literally became motivated to leave your classroom and find food. I bet he'll be back once he's eaten and officially achieved that state of equilibrium."

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Mr. Baker



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Message 1: understand this biological theory of motivation, because Donnie was in fact trying to reach a state of equilibrium by satisfying his hunger. Donnie became motivated by his basic drive to eat because he had a physical imbalance, and his body was attempting to restore an internal state."

Message 2: "Yeah... Donnie literally became motivated to leave your classroom and find food. I bet he'll be back once he's eaten and officially achieved that state of equilibrium."

Message 3: "You are probably right. But whatever motivates Donnie next likely won't be due to the Drive Reduction Theory. That theory only explains biological motivations like hunger and thirst. It does not explain other needs you experience. We'll learn more about those in the next class."

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