

Module 8: Personality

Topic 2 Content: The Big 5

Introduction

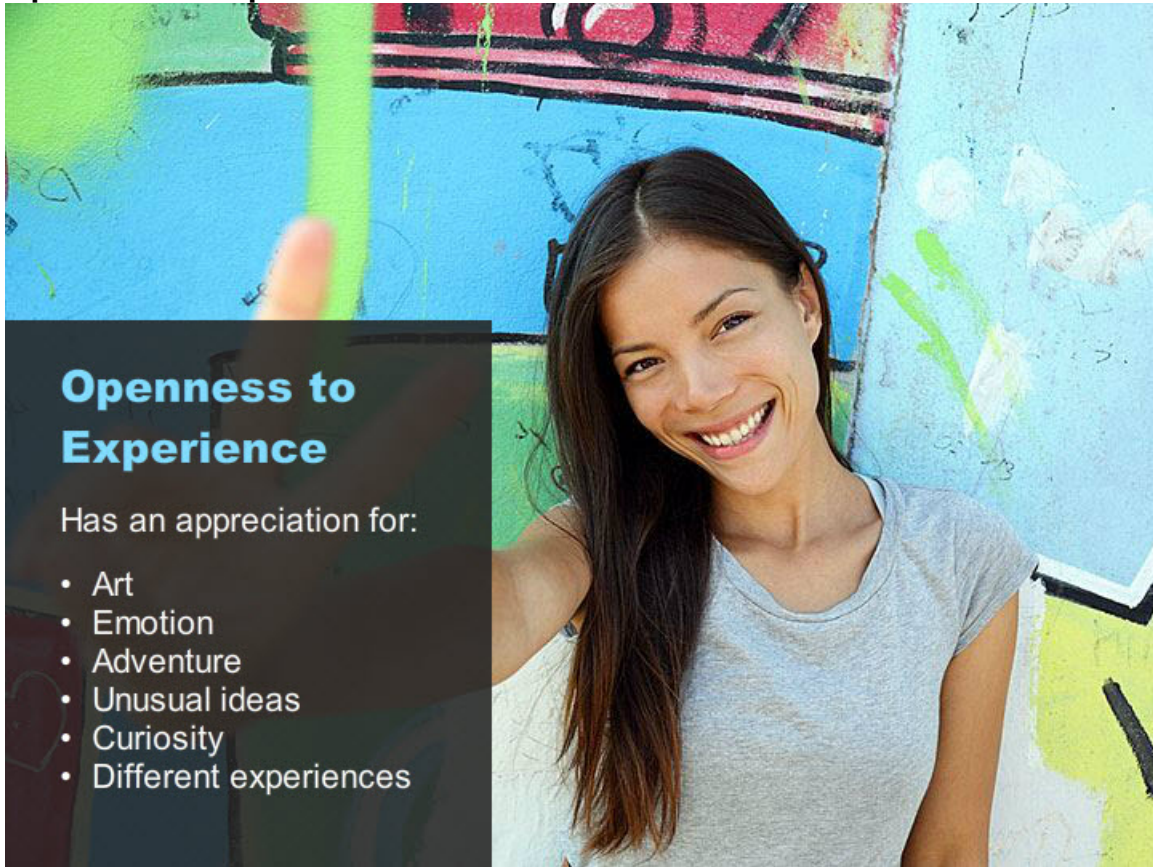


The Big 5 model was defined by several independent sets of researchers. These researchers worked to categorize personality traits into five broad dimensions. Click on each dimension to view some of the personality traits associated with it.

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Openness to Experience



Openness to Experiences includes an appreciation for:

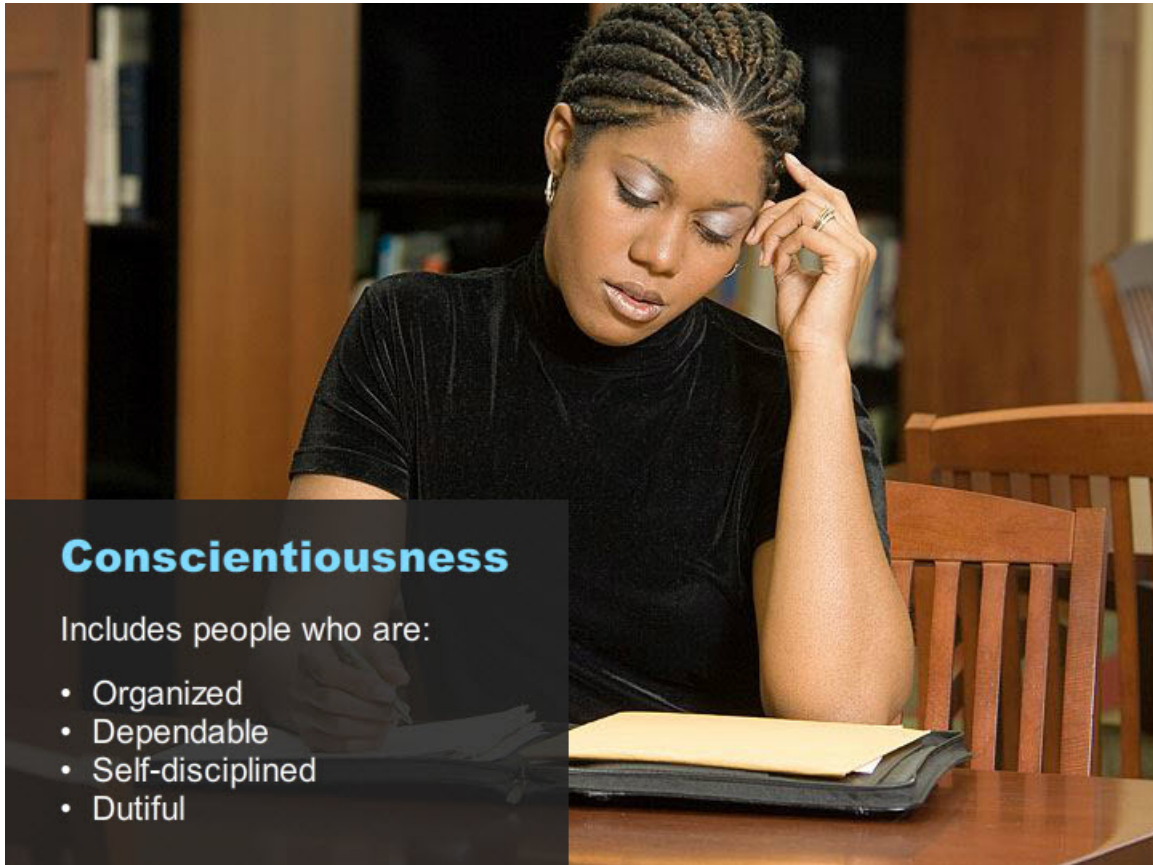
- art;
- emotion;
- adventure;
- unusual ideas;
- curiosity; and
- different experiences.

This dimension is characterized by intellectual curiosity and a desire for variety.

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Conscientiousness



Conscientiousness includes people who are:

- organized;
- dependable;
- self-disciplined; and
- dutiful.

This dimension is characterized by planned rather than spontaneous behavior.

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Extraversion



Extraversion

Includes people who are:

- Energetic
- Positive
- Assertive
- Sociable
- Talkative
- Stimulated in the company of others

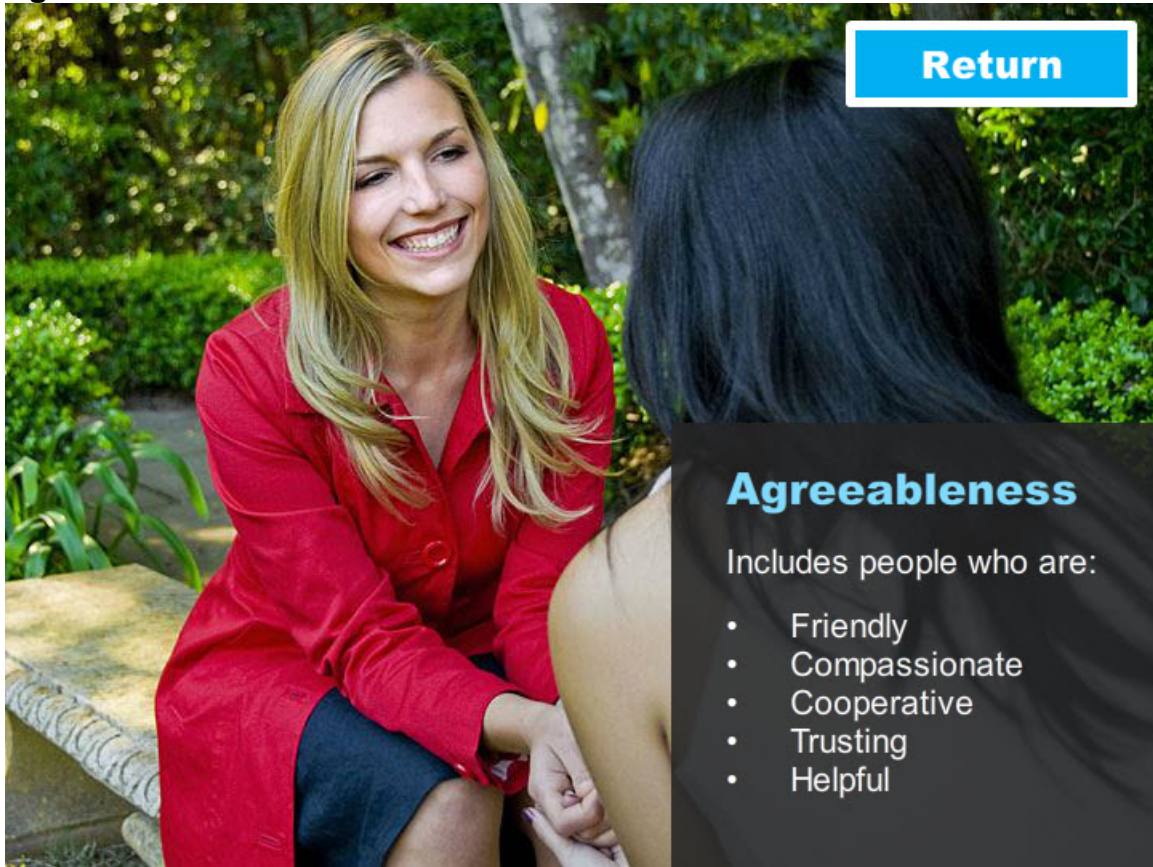
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- energetic;
- positive;
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- sociable;
- talkative; and
- stimulated in the company of others.

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Agreeableness



Agreeableness includes people who are:

- friendly;
- compassionate;
- cooperative;
- trusting; and
- helpful.

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Neuroticism



Neuroticism

Includes people who are:

- Sensitive
- Angry
- Anxious
- Depressed
- Vulnerable

Neuroticism includes people who are:

- sensitive;
- angry;
- anxious;
- depressed; and
- vulnerable.

This dimension is characterized by a tendency to experience unpleasant emotions easily.