

Module 9: Psychological Disorders and Treatment

Topic 1 Content: Modern Diagnosing Notes

Introduction

Modern Diagnosing

To determine whether someone has a psychological disorder, psychologists use a set of criteria. Click on each criteria to learn how abnormal diagnoses are made.

- A** Justifiable
- B** Typical
- C** Maladaptive

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Justifiable

Modern Diagnosing

To determine whether someone has a psychological disorder, psychologists use a set of criteria. Click on each criteria to learn how abnormal diagnoses are made.

- A** **Justifiable**
Is there rational justification for the individual's behavior?
- B** For example, if someone shows symptoms of depression after a significant loss, psychologists would consider these symptoms justifiable. Many people would display such symptoms after a tragic loss.
- C**



Is there rational justification for the individual's behavior?

For example, if someone shows symptoms of depression after a significant loss, psychologists would consider these symptoms justifiable. Many people would display such symptoms after a tragic loss.

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Typical

Modern Diagnosing

To determine whether someone has a psychological disorder, psychologists use a set of criteria. Click on each criteria to learn how abnormal diagnoses are made.

- A** Typical
Is the person's behavior typical of most?
- B** Although many atypical behaviors are not considered abnormal, considering these criteria can help provide insight into behaviors outside of societal norms.
- C**



Is the person's behavior typical of most?

Although many atypical behaviors are not considered abnormal, considering these criteria can help provide insight into behaviors outside of societal norms.

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Maladaptive

Modern Diagnosing

To determine whether someone has a psychological disorder, psychologists use a set of criteria. Click on each criteria to learn how abnormal diagnoses are made.

- A** **Maladaptive**
Many mental health professionals consider whether someone is maladaptive the most important criteria for a diagnosis. This means the behavior is harmful to the individual, and disrupts daily functioning.
- B**
- C**



Many mental health professionals consider whether someone is maladaptive the most important criteria for a diagnosis. This means the behavior is harmful to the individual, and disrupts daily functioning.

For example, the demonstrated behavior affects an individual's ability to function at school, or at a job, it negatively affects relationships, and may also prove harmful to personal health or hazardous to others.